PRE/Post TEST
CSG 150 Career & Life Planning 1 Credit Hour

Instructor: ________________________________

Name: ________________________________

Address: ____________________________________________

Phone Number: ________________________________________

Date: ________________________________

I have finished high school. ______yes     ______no
I have completed _____ units in college.
I am taking this course to: (check all that apply)

_____ a. select a major
_____ b. find a career
_____ c. change fields
_____ d. explore my interests and values
_____ e. find out how my interests and values relate to the world of work

Career development is a process we all experience as we become aware of and explore career options. The process of making tentative career decisions involves many steps. The statements below are designed to help you assess several areas relating to your own career development. In the blank space, indicate by letter whether you: (a) strongly agree, (b) agree, (c) have no opinion, (d) disagree, or (e) strongly disagree, to each of the following statements:

_____ 1. Individuals differ in their interests, aptitudes, abilities, values, and attitudes.

_____ 2. The understanding, acceptance, and development of self is a lifelong process and is constantly changed by life experiences.

_____ 3. Environment and individual potential interact to influence career development.

_____ 4. Individuals must be adaptable in a changing society.

_____ 5. Career planning integrates awareness and exploration of career, educational, and personal areas with decision-making skills.

_____ 6. Knowledge and skills in different subjects relate to performance in different work roles.

_____ 7. There is a wide variety of occupations which may be classified in several ways.

_____ 8. There is a relationship between the commitment to education and work and the availability and utilization of leisure time.

_____ 9. There are many training routes to job entry.
11. Job satisfaction is dependent on harmonious relationships between worker and work environment.

For the following questions, enter the number appropriate to your response, (1 through 6) on the line to the left of each question.

Regarding each question, how would you rate your ability:


12. To identify and rank your values?

13. To identify your interests?

14. To appraise your abilities or competencies?

15. To identify, formulate, and act on decisions which are important to you?

16. To identify, formulate, and act on your career goals?

17. To identify, formulate, and act on your educational goals?

18. To identify, formulate, and act on your personal goals?

19. To generate and consider alternatives for a decision important to you?

20. To gather and appraise information for a decision important to you?

21. To weigh the consequences or outcomes of various alternatives you would consider for an important decision?

22. To state your goals as specific, attainable objectives?

23. To formulate a plan of action to activate your important decisions?

24. Every occupation is related to some other occupations by some similarities; this relation is referred to as career clusters, job families, or fields. For whatever occupation(s) you have considered or are considering, how would you rate your ability to recognize and describe various other occupations in your considered career cluster field?

25. In any field, or group of similar careers, there are various levels of specialization and there are several entry routes to different occupations. For whatever occupations (s) you have considered or are considering, how would you rate your ability to identify levels and entry routes for your considered field?