Putting your knowledge to action is Powerful.
Get the information and guidance you need with the Wellness Screening Program.
With all the health information coming at us today, it’s hard to know where to start or what to trust. By taking **one simple action** – completing the Wellness Screening Program – you’ll connect with the knowledge you need.

**The Wellness Screening Program is a great place to start.**

**Here’s how it works...**

In less than 30 minutes, your screening will include:

### Wellness Program Services:

- One simple blood draw that consists of 36 lab tests designed to detect disease or illness at the earliest stage
- An online health risk questionnaire designed to identify risk factors in your lifestyle
- Your blood pressure and body mass index (BMI)
- Educational summary report
- MyWellnessInfo.com health portal - support you can use when you choose to

### Additional Test Options:

- **PSA**, Prostate Specific Antigen, aids in the detection of benign and cancerous growth of the prostate
- **ColoCare®** take home self-test to detect hidden blood in the stool
- **Advanced Thyroid Screen** to determine thyroid function, includes TSH and Free T4
- **Vitamin D Screening** measures the level of Vitamin D circulating in the blood
- Additional test options announced during registration and at your screening, ask an Optum Biometrics, Inc. staff member to learn more
Online Health Power Profile (HPP) Health Assessment

During registration, you will be invited to complete the HPP assessment online. Completing the HPP online during registration takes only a few minutes and will provide you with the most comprehensive personal screening report.

**Your Health Power Profile questionnaire will begin after you confirm your services for your onsite appointment.**

A welcome page will display and by clicking “Continue”, your questionnaire will begin. You must complete the Health Power Profile before 11:59pm the day of your screening in order to receive your complete screening report. If you are unable to complete the questionnaire at the time of registration, you may click the“finish later” button. If you leave the registration and return at a later time, click the “Check my Status” link in the upper right hand corner to see “Current Registration Status.” This page also has a link to take the Health Power Profile.

Note – the Health Power Profile will not be available to complete during the onsite screening. If you wish to complete the Health Power Profile, you must do so online, before 11:59pm, the day of your screening program.

*In order to complete the Heath Power Profile assessment, you must schedule an appointment. Walk ins will not be able to complete the HPP after registration closes (12pm noon, the day before the onsite event).*

Want to know more? Please call 866.935.5462
Register today at: https://register.wellness-inc.com/triton
or Call: 866.935.5462

2000 Fifth Ave., River Grove, IL
Tuesday,
April 19, 2016
6:00 am - 11:00 am
Student Center Parachutes Lounge - Room B-130

BCBS PPO Participants must present plan card & complete a claim form. Participants not part of
Triton College that do not have an annual wellcare benefit will be responsible for claim balance.
Self-payments are required at time of service by check (checks payable to Optum)
Please fast 8 hours and drink 2 glasses of water 1-2 hours prior to your appointment.
Registration for this event will close at NOON Central time the day before your event.

<table>
<thead>
<tr>
<th>WHO’S ELIGIBLE</th>
<th>PROGRAM FEE</th>
<th>ADDITIONAL TEST OPTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>BCBS PPO insured employees, spouses, and dependents age 18 and over</td>
<td>No cost to you, billed to BCBS</td>
<td>No cost to you, billed to BCBS</td>
</tr>
<tr>
<td>Retirees and community members</td>
<td>Self-pay, $87</td>
<td>Self-pay test options and fees announced during online registration</td>
</tr>
</tbody>
</table>
## WHY YOU SHOULD SIGN UP

<table>
<thead>
<tr>
<th>QUICK</th>
<th><strong>Save Time:</strong> 30 minutes. Onsite for most people. No waiting around at the doctor’s office!</th>
</tr>
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<tbody>
<tr>
<td>LOW COST TO NO COST</td>
<td><strong>Save Money:</strong> The program, the results, the tips and the support are all included.</td>
</tr>
<tr>
<td>RESULTS</td>
<td><strong>Get Useful Results:</strong> No confusing medical talk. Tips you can use, when you choose to.</td>
</tr>
<tr>
<td>SUPPORT</td>
<td><strong>Get Online Support:</strong> 12 months of secure access to resources, past and present results and other tools.</td>
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<tr>
<td>TRUST</td>
<td><strong>Feel Secure:</strong> Your Results are FOR YOU! By law, your employer cannot view your personal health information.</td>
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<tr>
<td>CHOICE</td>
<td><strong>Make a Choice:</strong> We give you the results and a place to start. YOU choose what to do with the information. Share it with your doctor or simply use the results to know how you’re doing from year to year.</td>
</tr>
<tr>
<td>POWER</td>
<td><strong>Remember, knowledge is POWER.</strong> The information you get focuses on the things over which you have control and can change – the power YOU have to be your best at home, work and play.</td>
</tr>
</tbody>
</table>

Start taking control of your health.
Take the first step and sign up today.
TAKING ACTION IS
POWERFUL

OPTUM

Optum Biometrics, Inc.
4205 Westbrook Drive
Aurora, IL 60504