This is an overnight weekend retreat that offers a place of reconciliation, respite and support. It is a Christian program designed to help military men and women come to spiritual healing and reconciliation with God, themselves and with one another. This program addresses the spiritual issues that are inherent in Post Traumatic Stress Disorder. Post-Traumatic Spiritual Stress can affect a person for years after he or she has returned home from active duty.

**Who is it for:** Military men and women and their significant others (should they also wish to attend)

**Cost:** No cost to attend

**When & Where:**
- Nov. 11-13, 2011 - Cardinal Stritch Retreat House, Mundelein, IL
- Feb. 3-5, 2012 - Cabrini Retreat Home, Des Plaines, IL
- May 11-13, 2012 - Cardinal Stritch Retreat House, Mundelein, IL

**About our facilitators:**

**Retreat leader and veteran, Sister Linda McElenehan,** served as a sergeant working in communications in the southern area of Vietnam. She is a Dominican Sister and therapist whose full-time ministry involves helping veterans deal with trauma.

**Augie Sisco Major,** USMC (Ret.) served in Vietnam. He is a retired businessman, married, a father and a grandfather. He is active in his Parish, and is the assistant director for our Vets’ Ministry.