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Triton College

For immediate release: **Aug. 22, 2022**

Triton College Hosts Fall Flu Shot Clinic

Flu Shots Free for PPO Users

RIVER GROVE, Ill. – Triton College will be hosting their annual fall flu shot clinic on Monday, Sept. 19, from 10 a.m.-2 p.m., in the Student Center Cafeteria (B Building). Vaccines are provided by Jewel-Osco pharmacies and pharmacy reps will be administering the shots. Per Jewel-Osco, flu vaccines are free for those with a PPO and \$44 for those with an HMO or individuals who are uninsured.

Laura Hill, R.N., Triton College's director of Health Services, said the flu shots are available to anyone in the Triton community. Walk-ins are welcome, with no appointments necessary.

Hill noted that Triton is hosting the flu shot clinic to promote a healthy environment on campus and in our community. According to the CDC, receiving a flu shot is the most effective way to protect yourself and others from becoming sick with the flu. Although contracting the flu is still possible, symptoms are milder when vaccinated.

"When you protect yourself, you are also protecting members of the community who cannot get vaccinated, like those who may be too young," said Hill. "It's also important to stay home if you are sick to stop the spread of germs and viruses."

Other vaccines available at this clinic include the COVID-19 vaccine, shingles and pneumonia shots.

For more information, please contact laurahill@triton.edu or (708) 456-0300, Ext. 3051.

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Media Contact

Maryann Pisano

Staff Writer

maryannpisano@triton.edu

(708) 456-0300, Ext. 3202

ABOUT TRITON COLLEGE

Triton College is a two-year college dedicated to helping members of the 25 Western Cook County communities in our district and beyond to achieve educational, professional and personal

success. Located in River Grove, Ill., Triton offers more than 120 degree and certificate programs on its 110-acre campus, featuring a comfortable, friendly and diverse atmosphere. Triton also holds classes at satellite locations and offers online learning opportunities. Triton's dedicated faculty and staff work to provide high quality, convenient and affordable educational opportunities to more than 14,000 students each year. Triton College is accredited by the Higher Learning Commission. Learn more at www.triton.edu.