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STUDENT  
FOR EVERY  
COMMUNITY

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a place  
for you.



**Triton College**

For immediate release: **Aug. 25, 2022**

### **Triton College will be Offering a New Online Class Called Principles of Coaching**

RIVER GROVE, Ill. – Triton College will be offering a new online class called Principles of Coaching (PED 194 070, three credit hours), Sept. 6-Dec. 16.

Those registered will learn the principles and theories of sports coaching. This includes the study of coaching philosophy, motivation, style, communication methods, team management, sport-specific training issues, and the principles of leadership and teaching.

For more information and tuition details, please email [natashapurnell@triton.edu](mailto:natashapurnell@triton.edu) or call (708) 456-0300, Ext. 3130.

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#### **ABOUT TRITON COLLEGE**

Triton College is a two-year college dedicated to helping members of the 25 Western Cook County communities in our district and beyond to achieve educational, professional and personal success. Located in River Grove, Ill., Triton offers more than 120 degree and certificate programs on its 110-acre campus, featuring a comfortable, friendly and diverse atmosphere. Triton also holds classes at satellite locations and offers online learning opportunities. Triton's dedicated faculty and staff work to provide high quality, convenient and affordable educational opportunities to more than 14,000 students each year. Triton College is accredited by the Higher Learning Commission. Learn more at [www.triton.edu](http://www.triton.edu).