



FOR EVERY  
STUDENT  
FOR EVERY  
COMMUNITY

There's  
a place  
for you.



Triton College

For immediate release: **Nov. 29, 2022**

**Triton College Offers Psychology of Religion Class**  
*Spring Course Taught on Tuesdays and Thursdays*

RIVER GROVE, Ill. – Triton College will be offering Psychology of Religion (PSY 296), Tuesdays and Thursdays, Jan. 17-May 11, from 11 a.m.-12:15 p.m.

Those enrolled will learn about the psychological dimensions of religion through the study of feelings, behaviors, thoughts and motivations.

The path of the course is guided by the students' interests. Each class is different. Discussions are at a maximum. Professor Jim Ellison feels that students will like the fact that there's no textbook since material is pulled from various sources.

Since the PSY 100 course is not a prerequisite, any student can enroll.

After many months of designing the class, Ellison began teaching Psychology of Religion in the fall of 2022. Students reported that it was one of the best classes they've ever taken. Early registration is advised.

"Religion is a toolbox to help us with our spirituality. Our psychology creates the toolbox. We then use it to connect to spirit. A healthy psychology creates a healthy toolbox," Ellison said. "A healthy toolbox reflects a healthy psychology."

Ellison holds a master's degree in integration of psychology and religion, and has been teaching psychology for 15 years.

For more information, please contact [jimellison@triton.edu](mailto:jimellison@triton.edu) or (708) 456-0300, Ext. 3833.

###

**Media Contact**

Maryann Pisano

Staff Writer

[maryannpisano@triton.edu](mailto:maryannpisano@triton.edu)

(708) 456-0300, Ext. 3202

**ABOUT TRITON COLLEGE**

Triton College is a two-year college dedicated to helping members of the 25 Western Cook County communities in our district and beyond to achieve educational, professional and personal success. Located in River Grove, Ill., Triton offers more than 120 degree and certificate programs on its 110-acre campus, featuring a comfortable, friendly and diverse atmosphere. Triton also holds classes at satellite locations and offers online learning opportunities. Triton's dedicated faculty and staff work to provide high quality, convenient and affordable educational opportunities to more than 14,000 students each year. Triton College is accredited by the Higher Learning Commission. Learn more at <http://www.triton.edu/>.