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Triton College Forms Partnership with TimelyMD to Improve Student Health and Well-being

(RIVER GROVE, Ill.) - Triton College has entered a partnership with [TimelyMD](#), the leading virtual health and well-being solution in higher education, to offer students free and equitable access to medical, mental health and basic needs support through the TimelyCare platform.

TimelyCare serves as a 24/7 virtual extension of campus health and counseling center resources, with a goal of improving student well-being, engagement and retention.

Through TimelyCare on their phone or other device, Triton College students can now select from a wide-ranging menu of virtual care options from licensed physicians and counselors in all 50 states – at no cost and without the hassle of traditional insurance – including:

- On-demand medical care.
- Appointment-based medical care.
- On-demand mental health and emotional support (TalkNow).
- Basic needs assistance.
- Digital self-care content.

Additionally, faculty and staff will have access to support that empowers them to guide students to TimelyCare resources to help achieve a sense of well-being, live healthier lifestyles and improve their mental health.

The partnership with TimelyMD allows Triton College to deliver a hybrid model of care in collaboration with on-campus resources. Benefits to students include:

- **Convenient 24/7 Care** – Physical and mental health issues often present themselves outside regular business hours, and TimelyCare makes seeking support or treatment as easy and convenient as making a video or phone call. Nationally, about 40% of mental health care visits through TimelyCare occur after hours.
- **Reduced Wait Times** – Typical consultations for on-demand services through TimelyCare begin within five to 10 minutes – less than the amount of time it takes to walk across campus.

- **Diverse Provider Network** – In addition to being from diverse backgrounds, TimelyMD providers are trained to be culturally competent. For example, more than 60% of mental health providers identify as BIPOC. The platform also offers professionals who identify as LGBTQIA+, speak multiple languages and/or have various religious and spiritual beliefs. Students can choose to meet with a specific provider or select the first available.
- **Peace of Mind** – TimelyCare is a safe, secure and HIPAA-compliant platform that follows campus-specific protocols to facilitate care coordination and follow-up to ensure continuity of care. Integrations with leading learning management systems ensure students have even more on-ramps to in-the-moment support whenever they need it.

The need for 24/7 access to high-quality care has never been more important. According to the American Council on Education, student mental health is the [top concern](#) of college and university presidents. It's also the number one reason students leave college. A recent report by [Gallup and the Lumina Foundation](#) found that three out of four students in bachelor's degree programs who considered stepping out, cited emotional stress as their reason.

“We are very excited about this new partnership,” said Leslie Wester, Counseling and Wellness Support Services chairperson. “According to a recent study by the *Chronicle of Higher Education*, all students in higher education experience anxiety. Over the past eight years, anxiety levels in students has increased. I have also seen this at Triton College. The counselors in the Counseling and Wellness Support Services area are ready to help. However, we aren't always able to be there. However, with TimelyCare, help is available whenever you have a need.”

Sixty percent of all students who have sought mental health support through TimelyCare said they would have done nothing if the service were not available. Founded in 2017, TimelyMD is [trusted to serve](#) over a million students at more than 200 campuses nationwide.

“Meeting the need for equitable, on-demand access to care is a critical challenge that extends beyond campus boundaries. TimelyCare allows colleges and universities like Triton College to solve problems rather than just treat symptoms,” said Luke Hejl, TimelyMD CEO and co-founder. “Our mission at TimelyMD is to improve the health and well-being of college students by making virtual care accessible anytime, anywhere. Through TimelyCare, we are proud to deliver best-in-class health and well-being solutions to help students thrive.”

“Having access to TimelyCare's medical support will be a game changer for many of our students,” said Wester.



ABOUT TRITON COLLEGE

Triton College is a two-year college dedicated to helping members of the 25 Western Cook County communities in our district and beyond to achieve educational, professional and

personal success. Located in River Grove, Ill., Triton offers more than 120 degree and certificate programs on its 110-acre campus, featuring a comfortable, friendly and diverse atmosphere. Triton also holds classes at satellite locations and offers online learning opportunities. Triton's dedicated faculty and staff work to provide high quality, convenient and affordable educational opportunities to more than 14,000 students each year. Triton College is accredited by the Higher Learning Commission. Learn more at www.triton.edu.

About TimelyMD

TimelyMD is the leading virtual health and well-being solution for higher education. Its mission is to improve the well-being of college students by making virtual medical and mental health care accessible anytime, anywhere. TimelyMD's virtual care platform, TimelyCare, includes a range of services, including mental health counseling, on-demand emotional support, medical care, psychiatric care, health coaching, basic needs assistance, faculty and staff guidance, and digital self-care content. Visit timely.md to learn how TimelyMD is inspiring the digital transformation of campus health and the future of student care.