

Area of Study: **Health Sciences**
 Pathway: **Pre-Profession/Pre-Nutrition**
 Degree type: **Associate in Science**
 Curriculum Code: **SCI.NTR.AS U230A30**

(Total Program Credits: 60)

Students interested in being a nutritionist or dietician must complete a bachelor's degree in nutrition or dietetics within a CADE-accredited supervised practice program and must successfully pass the Commission on Dietetic Registration (CDR) examination. Students can take this associate degree and then transfer to a university to complete their degree in dietetics or nutrition.

Students should note that four-year colleges and universities vary in specific course and transfer requirements. Therefore, it is important that in selecting Triton courses, students should consult a Triton counselor, as well as the catalog and/or admissions advisor at the senior institution to which transfer is intended.

Placement Measures MAT, RHT, and COL sequence placement will be determined by an Academic Advisor. Contact your Academic Advisor before registering for courses.

Developmental education courses do not transfer. They assist students in the path towards college credit.

Program Map for Full-Time Students

Semester One: Fall	Category	Next Steps
RHT 101 Freshman Rhetoric & Composition I (3)	<i>Communication</i>	Meet with your Academic Advisor to create an academic plan. Explore transfer institutions and admissions requirements by attending transfer events .
MAT 124 Finite Mathematics (3)	<i>Mathematics</i>	
PSY 100 Introduction to Psychology (3)	<i>Social and Behavioral Science</i>	
BIS 150 Principles of Biology I (4)	<i>Life Science</i>	
HTH 120 Nutrition Science (3)	<i>Program Elective</i>	

17 Credit Hours

Note: Grade of "C" or higher is an IAI requirement for RHT 101 and RHT 102.

Semester Two: Spring	Category	Next Steps
RHT 102 Freshman Rhetoric & Composition II (3)	<i>Communication</i>	Meet with your Academic Advisor to update your academic and transfer plan. Create a Transferology account to explore how coursework transfers. Attend a Transfer 101 Workshop .
MAT 170 Elementary Statistics (3)	<i>Mathematics</i>	
BIS 101 Human Biology (4)	<i>Life Science</i>	
CHM 140 General Chemistry I (5)	<i>Physical Science</i>	

15 Credit Hours

Note: Grade of “C” or higher is an IAI requirement for RHT 101 and RHT 102.

Semester Three: Fall	Category	Next Steps
SPE 101 Principles of Effective Speaking (3)	Communication	Meet with your Academic Advisor to update your academic and transfer plan. Attend a Ready to Apply Workshop .
Humanities General Education Course (3)	Humanities	
CHM 141 General Chemistry II (5)	Program Elective	
BIS 240 Human Anatomy & Physiology I (4)	Program Elective	

15 Credit Hours

Semester 4: Spring Semester	Category	Next Steps
Social and Behavioral Science General Education Course (3)	Social and Behavioral Science	Meet with your Academic Advisor to finalize your transfer plan.
Fine Arts General Education Course (3)	Fine Arts	
BIS 241 Human Anatomy & Physiology II (4)	Program Elective	Submit graduation petition by deadline (check for the specific date in catalog or syllabi.) Apply to your transfer institution(s).
HTH 202 Culture and Food (3) Or PSY 207 Health Psychology (3)	Program Elective	

13 Credit Hours

Note: Take one additional Humanities or Fine Arts and one additional Social and Behavioral Science course, to be eligible for the General Education Core Curriculum (GECC) Credential.

Semester Five: Summer (optional)	Category	Next Steps
BIS 222 Principles of Microbiology (4) CHM 132 Elementary Organic Chemistry (5) Or CHM 234 Organic Chemistry I (5)		Meet with your Academic Advisor to finalize your transfer plan.

(Select courses that meet the BS requirements of your transfer college.)

Graduation requirements:

AS degree	Subtotal: 37-41
Pre-Profession/Pre-Nutrition courses or other electives for AS degree	Subtotal: 19-23

General Education requirements:

- **Communications:** Three courses (nine semester hours).
- **Humanities and Fine Arts:** Two courses (six semester hours), with at least one course selected from Humanities and at least one course from the Fine Arts;
- **Social and Behavioral Science:** two courses (six semester credits), with courses selected from at least two disciplines.

Graduation from an Illinois college or university requires satisfactory completion of one or more courses incorporating Human Diversity, which may be taken as a Humanities and Fine Arts or Social and Behavioral Science course.

- **Mathematics:** Two courses (*six to nine semester hours*).
- **Physical and Life Science:** Three courses (10-11 semester hours), with at least one course selected from the Life Sciences and one course from the Physical Sciences and including at least one laboratory course.
- **Foreign Language encouraged if transferring to a four-year institution.**

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